

The Sustainable Living Foundation, 501c3

Presents

The 14th Annual Run for Zimbabwe Orphans and Fair

At St. Joseph School in Mountain View, Ca.

On Sunday March 24, 2013



Inspiring kids to: be fit, create art and help others.

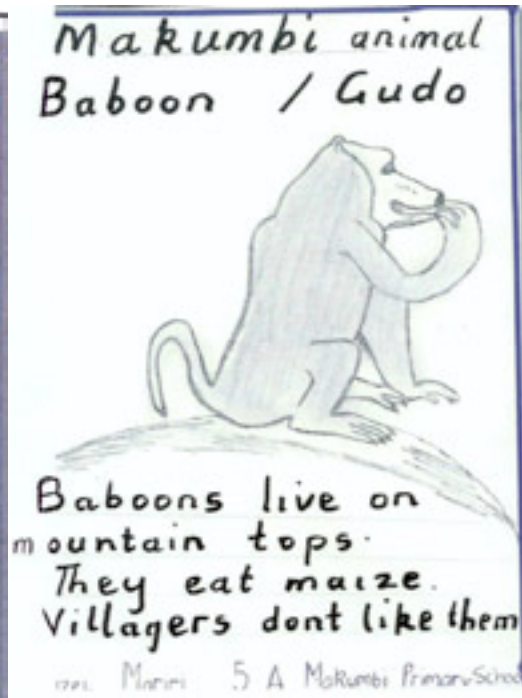
www.ZimbabweParaguay.net 650.941.9206

2013 Orphan Sponsors
(as of March 14th)

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Brian Byun and So Yong Park	Los Altos
Pete Chow and Carla Holmes	Los Altos
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Ben and Katy Spink	San Carlos
Bernie Smith	Mc Kinney, Texas
Jerry and Julie Yaffee	San Carlos
Wakerly Family Foundation	Mountain View
Barbara Ann Wismer	San Francisco
Peter Zepfer	Mountain View

Zim Cultural Activities for 2013

In addition to all the cultural activities of the past 13 years, we are pleased to have four entrants in our art fair. This art comes to us all the way from Makumbi in Zimbabwe!



Zim Cultural Booths: 1. Zim dress 2. Animal sounds 3. Baobab Tree 4. Geography 5. Face Painting 6. Children of the World. 7. Art. 8. New! Pin the Tail on the Zebra.

Special Activities: Singing of the USA Anthem by Annelle Garcia and African Anthem by Kayla Choates; Proclamation by Mayor of Mountain View, John Inks. Invocation by Brian Curley. **A.** Orphan Sponsor Booth **B.** Children's Art Exhibition **C.** Raffle Prizes—Elephant chair & more **D.** Seven mascots—lion, leopard zebra etc. **E.** Two Zim bands—Chinyakare Ensemble & Sadza **F.** Sadza Buffet **G.** Batsiranai- Zim Handicrafts **H.** Zim T-shirts **I.** Shoe Drive **J.** Book Drive

14TH ANNUAL RUN FOR ZIMBABWE ORPHANS AND FAIR TIME SCHEDULE

RACE TIMES:

Pre School, 220 yd. 1:00 p.m. Girls and Boys	Dedicated to Sister Batsirai Makoni of Zimbabwe
Kindergarten ½ mile at 1:15 Girls and Boys	Dedicated to Lynne Tuite
1st and 2nd grade, Mile, Girls 1:30	Dedicated to Coach Jack Saint Claire
1st and 2nd grade, Mile, Boys 1:45	
3rd and 4th grade, Mile, Girls 2:00	
3rd and 4th grade, Mile, Boys 2:15	
5th and 6th grade, Mile, Girls 2:30	
5th and 6th grade, Mile, Boys 2:45	
7th and 8th grade, Mile, Girls 3:00	Dedicated to Maryknoll Brother John Brown
7th and 8th grade, Mile, Boys 3:15	
At 3:30 All high school & post high school runners— Women and Men	Dedicated to Kate Wakerly

OPENING CEREMONY & AWARD CEREMONY TIMES UNDER THE PAVILION

Opening Ceremony Noon- American & Zimbabwe Anthems;

Mayor's Proclamation. Invocation.

1:30 Preschool & Kindergarten	Running & Art Awards
2 p.m. 1 st /2 nd Grade Awards	Running & Art Awards
2:30 3 rd /4 th Grade Awards	Running & Art Awards
3 p.m. 5 th /6 th Grade Awards	Running & Art Awards
4 p.m. 7 th /8 th , High School, Post High School Awards	Running & Art Awards

Announcement of Big Raffle Winners

At each ceremony:

Presentation of Championship Cups for runners

Top three per Division & Team Awards

One Raffle winner per race for Zim doll or key chain

Presentation of zebras to top artist per grade

Special Recognition Award in 2013. This award is presented to Brian Curley for his compassion, love & dedication to The Zimbabwe Run for 14 years.

A World of Thanks stretching from Zimbabwe to these businesses, organizations foundations and individuals for their continued support:

The Wakerly Family Foundation—John Wakerly and Family Without this incredible foundation the Run for Zimbabwe Orphans would not be a “go”. They under-write the expenses for the Zimbabwe Run every year. (See items listed under SLF.)

The Sustainable Living Foundation: Bill and Ellen Clark, Teresa Clark and Dave Ruminski, Will and Kristin Clark, Dee Gibson www.ZimbabweParaguay.net Gifts: Zebra Pops from Dee Gibson. Items for the meet: Trophies, ribbons, programs, certificates, numbers, perpetual trophy, Zimbabwe money, zebras for art fair, complementary entries,

Special thanks to our team of Zimbabwe Run Ambassadors: —***Megha Agarwal*** of St. Francis High School; ***Jade Perry*** of Los Altos High School; ***Caroline Deng*** of Los Altos High School, ***Tinashe Choto*** of Mountain View High School and ***Jose Martinez*** of Foothill College. These young people are an inspiration and a tremendous help in *all matters* related to promotions. They wrote letters, did presentations, gave us fresh ideas, did miscellaneous tasks. In short, they were amazing! Thank you!

Alhambra Water www.alhambrawater.com

Anonymous— Big Raffle Prizes. Three baskets. African tea & coffee & Zebra mugs. Child’s chair with books. Shona sculpture with African wine.

Batsiranai Fair Trade Handicrafts www.batsiranai.com

Chinyakare Ensemble of Oakland www.chinyakare.com/

The City of Mountain View, Mayor John Ink. The proclamation

De Martini Fruit Stand of Los Altos www.demartiniorchard.com

From our Feet Shoe Drive, Nick MacFalls bulls5k@gmail.com

Hobee’s California Restaurants www.hobees.com

Jamba Juice, proceeds from beverages www.jambajuice.com

Jesuit Missions of London England, Father Tim Curtis

Jesuit Province in Harare, Zimbabwe

Judy Hartke, T-shirt design, the terrific lion! www.JudithHartke.com

Hengehold Truck Rental, Discount on Truck Rental www.htrucks.com

The Knights of Columbus, St. Sebastian Council 4926 7th/8th trophies hughtomoore94086@yahoo.com

Los Altos Hardware, Equipment for run.

Linden Tree Children’s Books www.lindentreebooks.com

Makumbi Children’s Home, Fr. Heribert Mueller

Marriott Hotel, Lodging for Gray Mavhera & Angela Gora. www.Marriott.com

Peet’s Coffee—African coffee beans. Store publicity www.Peets.com

Kathleen Pelley—Children’s Author, Royalties from books www.KathleenPelley.com

Promessi Paintings and TCP Design www.promessi.com

Sadza Marimba and Mbira Band, www.sadza.net

Continue on next page. . . .

Businesses, foundations and organizations

Sadza Buffet, Angela Gora Africa Wellness Initiative. www.awiproject.com

Saint Joseph Parish, Father Luis Vargas, Father Moran, Mrs. Stephanie Mirenda- Knight of St. Joseph School

Tashanda of Brooklyn NY. Nyasha Manyonda, Donation of Handmade Dollies www.tashanda.com

Whole Foods www.wholefoodsmarket.com

Newspapers: Valley Catholic, The Mountain View Voice, The Los Altos Town Crier

Special Volunteers and their Coordinators:

The AVID Program (Advancement via Individual Determination) of Los Altos High School

Chip Sisters and Chip Brothers Running Club, West Valley Track Club

Day Worker Center, Maria Marroquin www.dayworkercentermv.org

Ellen's Coffee Clatch at Peet's—Laura, Valerie, Claudia, Debra & Jim. "They are always bailing me out!"

Gunn High School Key Club—Philanthropy Group

Homestead High School Interact Club—Philanthropy Group

Jack and Jill, Tri-Valley Chapter

Fremont High School Philanthropy Group

Juana Run—Karen Saxena (who is also a Chip Sister & a miracle worker in Excell!)

Youth Philanthropy E3C of Los Altos Foundation

St. Francis High School: Phil Pompei, Mike Saso, Mandy Benham, Tom Tuite, Steve Fuller, Dudley Battle

St. Joseph School Parents, Students, Teachers. Especially the Art Classes, Day Care & so much more!!

Other Promotions: ***Girley Tegama***, a beautiful Zimbabwean woman with a generous heart worked daily from her home computer putting the Zimbabwe Run on Web Sites across the USA! Our web designer—***Tatiana Promessi***—puts out the most beautiful product imaginable-- our web site. It's not possible to adequately thank her here. These behind the scenes women make this big project go. Mazvita! Thank you!!

Mr. Gray Mavhera and family Thanks to this wonderful family—who come from Zimbabwe originally-- for driving up from the Los Angeles Region and running. in our event. Gray, Gray Jr. and Kela all placed in the mile!

Special Promotions

The African Folk Tale & African games

Note from Ellen Clark: It was my special pleasure to visit many schools and two retirement homes in 2013 and present an African folk tale with either the mascots or puppets and play African games such as basket on head! I felt that everyone learned about Zimbabwe in a fun way. I deeply appreciate all the people who acted in the skits and arranged visits.

AVID program of Los Altos High School

BAWSI—Bay Area Women Sports Initiative

Bullis Charter School, Dave Jacques

*Clifford Elementary School 4th grade, Redwood City Shannon Cody

*Covington Running Club, Jennifer Springer

Gardener Bullis School, Stephanie MacKenzie

*Mountain View Adult Education Preschool, Mountain View

Girls on the Run, Amy Shoheit

*John Gill Elementary, Suzanne Segesta

*Open Gate Preschool, Redwood City, Suzanne Segesta

*Landels Elementary, Liz Perry

*Linden Tree Children's Books in Los Altos Dianne Edmonds

Mountain View Community School of the Arts and Music, Linda Covello

On Your Mark Running Store—St. Patrick's Day Run. www.onyourmarkperformance.com

Adam & Michelene Kemist

*Our Lady of Grace & Sacred Heart Nativity, Kevin Eagleson

*Stratford School, P. E teacher Jordan Jensen

*St. Joseph School Rally Rich Stephens & Stephanie Knight

*St. Joseph After School Program Renate Sanchez & Stephanie Knight

St. Francis T-shirt day. Simon Raines, Activities

St. Joseph Church, Father Luis Vargas & Father Moran—Info. booth

*St. Francis Track Team, Phil Pompei, Mandy Benham & Mike Saso

St. William Church, Father Chris Branford

*Villa Siena Retirement Home, Matt Burke & Gardens of St. Elizabeth in Denver

Assisted Living (Home for Ellen Clark's Mom)



Division Winners for the 13th Annual Run for Zimbabwe Orphans and Fair April 1st, 2012 at St. Joseph School

Pre-Kinder 220 yd. Dedicated to the memory of Sister Batsirai Makoni of Zimbabwe Africa

Course Records: (220 yds)	Age	Time	Gender	Year Set
Camille La Master	5	0:49	F	2006
Patrick Snedden	4	0:49	M	2006

Overall

Place	Top Girls	Last	Age	Time	Gender	Grade	School
2	A.	Faz	5	0:55	F	Pre-K	Mountain View
6	Zhana	Neumann	4	1:02	F	Pre-K	Children's House
9	Isabella	Espy	5	1:04	F	Pre-K	Open Gate

Overall

Place	Top Boys	Last	Age	Time	Gender	Grade	School
1	Niko	DeKovic	5	0:53	M	Pre-K	Childrens' Center
3	Joey	Johnson	5	0:58	M	Pre-K	Open Gate
4	James	Easterday	4	0:59	M	Pre-K	Mountain View

Kindergarten 1/2 mi Dedicated to the memory of Lynne Tuite

Course Records: (1/2 mile)	Age	Time	Gender	Year Set	School
Sarah Nakhoda	5	3:53	F	2010	Stratford
Alexander Shaddock	6	3:32	M	2010	Presbyterian ELC

Overall

Place	Top Girls	Last	Age	Time	Gender	Grade	School
6	Anjali	Yella	6	4:03	F	K	Merry Hill
13	Sarah	Aoun	5	4:51	F	K	St. Joseph
14	Dylan	Forbes	4	5:06	F	K	Jack & Jill

Place	First	Last	Age	Time	Gender	Grade	School
1	Oscarivan	Melchor	5	3:40	M	K	Santa Cruz
2	Anthony	Cummings	5	3:49	M	K	St. Joseph
3	Meha	Chaudhary	6	3:50	M	K	Stratford

1st/2nd Girls Mile Dedicated to the memory of Jack St. Clair - Bill's High School Coach

Course Records: (1 mile)	Age	Time	Gender	Year Set	School
Kellie Duran	7	7:21	F	2007	St. Joseph

Place	First	Last	Age	Time	Grade	School
1	Margaret	Kravtchenko	8	7:41	2	Arundel
2	Paige	Kasso	6	7:58	1	Covington
3	Sarah	Nakhoda	7	8:11	2	Stratford

Top St Joseph School Finisher:

11	Vera	Borodyansky	6	9:37	2	St. Joseph
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Top Team: St. Joseph School

1st/2nd Boys Mile Dedicated to the memory of Jack St. Clair - Bill's High School Coach

Course Records: (1 mile)	Age	Time	Gender	Year Set	School
Gabril Gomez	8	6:47	M	2011	Forest Hill

Place	First	Last	Age	Time	Grade	School
1	Alex	Shaddock	8	6:53	2	Forest Hill
2	Gray	Mavhera	8	7:01	2	Pawngate
3	Julian	Montoya	8	7:02	2	Oak Knoll

Top St. Joseph Boy Finisher:

16	Shawn	Garlick	6	8:13	1	St. Joseph
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Top Team: St. Joseph School

3rd/4th Girls Mile

Course Records: (1 mile)	Age	Time	Gender	Year Set	School
Sarah Robinson	9	6:15	F	2006	Nixon

Place	First	Last	Age	Time	Grade	School/Club
1	Elizabeth	Kravtchenko	9	6:41	4	Arundel
2	Kela Danai	Mavhera	9	6:45	4	Pawngate
3	Katherine	Nasif	9	7:01	4	Bullis Charter

Top St. Joseph Girl Finisher

23	Kalea	Pilkenton	9	9:01	4	St. Joseph
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Top Team: Stratford

3rd/4th Boys Mile

Course Records: (1 mile)	Age	Time	Gender	Year Set	School
Ismail Adam	9	6:06	M	2002	Granada

Place	First	Last	Age	Time	Grade	School
1	Drew	Fenton	8	6:24	3	Cumberland
2	Tanay	Menezes	9	6:25	4	Stratford
3	Rayan	Gendre	10	6:30	4	Huff

Top St. Joseph Boy Finisher

4	James	Garlick	8	6:37	3	St. Joseph
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Top Team: Stratford

5th/6th Girls Mile

Course Records: (1 mile)		Age	Time	Gender	Year Set	School
Erin	Robinson	10	5:58	F	2005	Terman

Place	First	Last	Age	Time	Grade	School
1	Pitre	Skylar	11	6:49	5	Pomeroy
2	Ally	Lai	11	6:52	6	Graham
3	Riya	Sardai	11	7:01	6	Stratford
Top St. Joseph Girl Finisher						
7	Sarah Merla	Mehan	12	7:15	6	St. Joseph

No complete team

5th/6th Boys Mile

Course Records: (1 mile)		Age	Time	Gender	Year Set	School
Charlie	Clark	12	5:34	M	2007	St. Simon

	First	Last	Age	Time	Grade	School
1	Jared	Chan	11	6:21	5	Cumberland
2	Bryan	Vadvilavich	12	6:21	6	St. Andrews
3	Omar	Piña	11	6:29	5	Luther Burbank
Top St. Joseph Boy Finisher						
7	Gabriel	Mendez-Contr	11	7:18	5	ST. Joseph

Top Team: Stratford

7th/8th Girls Mile Knights of Columbus Mile Dedicated to Memory of Brother John Brown

Course Records: (1 mile)		Age	Time	Gender	Year Set	School
McKayla	Plank	13	5:48	F	2001	St. Simon
Erin	Robinson	14	5:48	F	2007	Terman

Place	First	Last	Age	Time	Grade	School
1	Annabel	Driussi	13	6:03	8	Albany Middle
2	Laura	Marcias	12	6:26	7	St. Andrews
3	Grace	Lui	12	6:26	7	Stratford
Top St. Joseph Girl Finisher						
9	Lizeth	Jimenez	13	7:59	7	St. Joseph

Top Team: Our Lady of Grace, San Jose

7th/8th Boys Mile Knights of Columbus Mile Dedicated to Memory of Brother John Brown

Course Records: (1 mile)		Age	Time	Gender	Year Set	School
Jose	Piña	14	5:11	M	2011	Luther Burbank
Giorgio	Liantono	13	5:11	M	2010	Cupertino Middle
Giorgio	Liantono	12	5:11	M	2009	Cupertino Middle

Place	First	Last	Age	Time	Grade	School
1	Aziz	Ghadiali	13	5:27	8	St. Andrews
2	Kevin	Anawalt	14	5:38	8	Blach
3	Aditya	Sampath	13	5:47	8	Stratford
Top St. Joseph Boy Finisher						
23	Kaiden	Pilkenton	12	8:04	7	St. Joseph

Top Team: Sacred Heart

High School Boys & Girls Mile Dedicated to Memory of Kate Wakerly

Course Records: (1 mile)		Age	Time	Gender	Year Set	School
Michelle	Gallagher	15	5:36	F	2001	Notre Dame Belmont
Ben	Sitler	17	4:47	M	2005	St. Francis

Post High School mile Dedicated to Memory of Kate Wakerly

Course Records: (1 mile)		Age	Time	Gender	Year Set	School
Nicole	Campbell	25	5:25	F	2009	West Valley Track Club
Steve	Parry		4:52	M	2003	Foothill College
Gray	Mavhera	40	4:52	M	2010	Moreno Valley

Top High School Guys:

	First	Last	Age	Time	Gender	Grade	School
1	Colin	Mack	18	4:50	M	12	St. Francis HS
2	Jose	Piña Jr	15	4:51	M	9	Lincoln

Top Post High School Guys:

3	Jonathan	Kimura	Adult	4:56	M		Cupertino
4	Jose	Piña Sr	42	5:02	M		San Jose
5	Gray	Mavhera	42	5:05	M		Moreno Valley

Top Post High School Female:

12	Suzanne	Segesta	Adult	6:13	F		Redwood City
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Top High School Females:

18	Maria	Munoz	14	8:00	F	9	Los Altos High
21	Elodie	Cerauskis	12	9:05	F	7	St. Joseph

Elodie ran in high school division.

Start 1 mi.

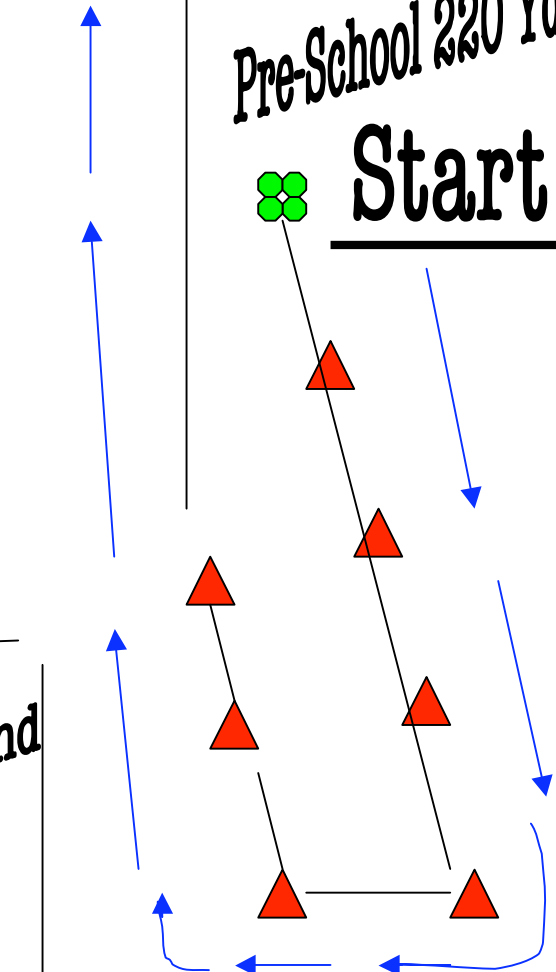
Finish

Pre-School
220 yards

Start on the soccer field by the balloons. Follow the arrows or animal mascots to the finish!



Pre-School 220 Yd.
Start



Zimbabwean Fair

Zim Band

Pavilion

AWARD CEREMONY

St. Joseph School

Tot Lot

220 yd. on the soccer field

We have course guides to guide you every step of the way!

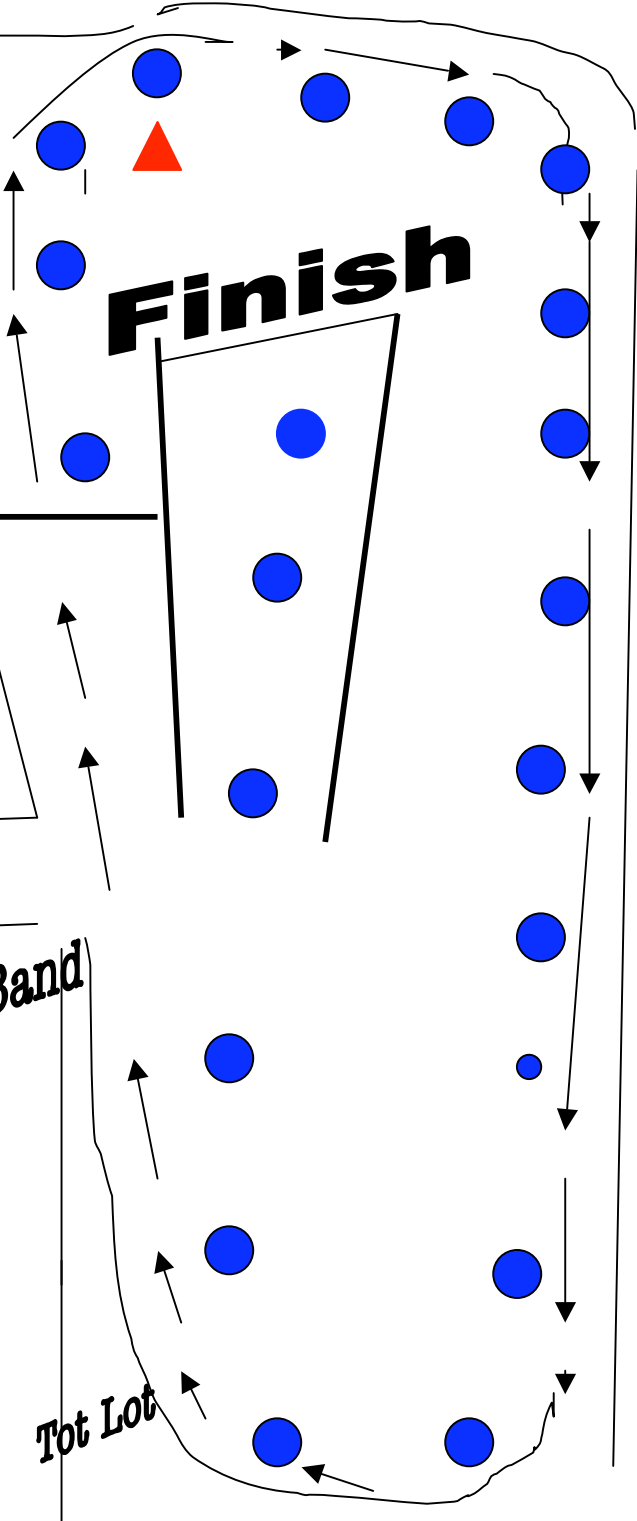
1120 MIRAMONTE AVE. MTN. VIEW

Pre-School 220 Yard Run

The Course= 1/2 mile
2 laps. Clockwise
Follow the arrows for one
lap. Go past start and
the follow dots to the
finish.
Each lap = 1/4 mile.

Start
here!

Start 1/2 mi. Kinder



Zimbabwean Fair Zim Band

Pavilion
AWARD CEREMONY

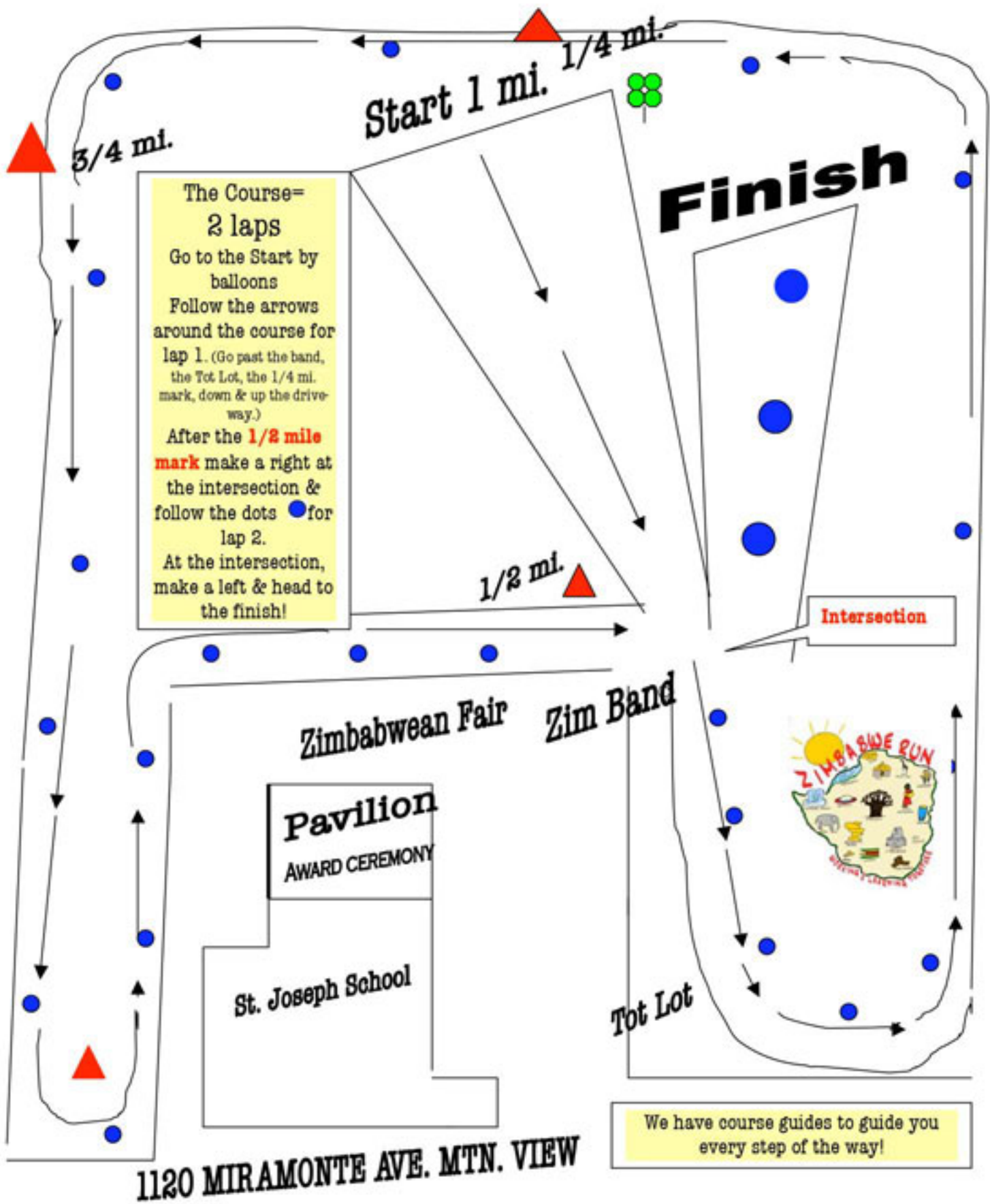
St. Joseph School

Tot Lot

We have course guides to guide you
every step of the way!

1120 MIRAMONTE AVE. MTN. VIEW

Kindergarten 1/2 mile



1120 MIRAMONTE AVE. MTN. VIEW

One Mile Run for Zimbabwe Orphans Course

Annual Run for Zimbabwe raises funds for very poor in Africa

By Megha Agarwal

The 14th annual Run for Zimbabwe Orphans and Fair will take place Sun., Mar. 24, noon to 4 pm at St. Joseph Catholic School in Mountain View, sponsored by the Sustainable Living Foundation.

There are races for all ages: 220 yards for preschoolers, half a mile for kindergarteners, and one mile for all other ages (including high schoolers and adults). There is also a mini-fair featuring a t-shirt sale, a Zimbabwe band, food, multiple cultural booths, an art contest, shoe drive, and a book drive.

All proceeds go directly to the Makumbi Children's Home in Zimbabwe in order to provide less fortunate children with basic necessities -- food, clothes and educational materials. Last year's Run provided a total of \$32,700.

Zimbabwe in recent years has experienced a rapid financial decline that has taken a huge toll on its citizens. According to the International Monetary Fund, Zimbabwe's GDP per capita is a mere \$515, the second lowest in the world.

In comparison, the United States' GDP per capita, ranked sixth globally, is over \$48,300. Over 72 percent of the population of Zimbabwe lives in complete poverty, with one-third of the population infected with HIV or AIDS.

Over 900,000 children have been abandoned or placed in orphanages due to their parents' inability to support



Mother and child in Zimbabwe are among those aided by proceeds from annual Run for Zimbabwe.

them. Life expectancy in Zimbabwe rose to 51 years in 2012 as a result of better HIV and AIDS therapy.

The Sustainable Living Foundation encourages participation in the Run, donating out-grown shoes, volunteering at a booth and making a donation.

For more information, contact Ellen Clark, President of The Sustainable Living Foundation, at 650-941-9206, or visit www.ZimbabweParaguay.net, or email at zpcclarks@sbcglobal.net.

• Megha Agarwal is a junior at St. Francis High School in Mountain View and serves as Zimbabwe Run ambassador for the Sustainable Living Foundation.

Zimbabwe run in 14th year, thanks to energetic resident

Kevin Crow Staff Report

Ellen Clark radiates positive energy and enthusiasm for helping children locally and half a world away.

The Los Altos resident and retired physical education teacher does just that with her long-standing pet project, the Run for Zimbabwe Orphans & Fair. In its 14th year, the event is scheduled to run to 4 p.m. March 24 at St. Joseph's Catholic School, 1170 Mountain View Ave., Mountain View.

The "fun" component features races for participants of all ages, while the "fair" includes local live music and art and cultural exhibits.

Proceeds benefit the Makumbi Children's Home in Zimbabwe for orphaned children. Clark founded her own nonprofit group the Sustainable Living Foundation to support the event and funders for Paraguay, which sustains poor neighborhoods in that country.

"We've made our mission a lot more concrete this year," Clark said, wearing this year's official



Ellen Clark of Los Altos is the organizer of the Run for Zimbabwe Orphans & Fair, scheduled March 24 this year.

event T-shirt that celebrates the zebra. "Our mission is to inspire kids to keep fit, create beautiful art and help others. It's a kid-friendly mission statement."

Clark's event helps children locally and globally. Her passion for Zimbabwe, in particular, was inspired by her son Will's

RUN From Page 15

experience there as a member of the Peace Corps. Will reported home about the rampant poverty, disease and huge number of orphaned children, prompting his mother to take action.

Now every member of the Clark family is involved in the foundation. Ellen serves as president, Will is vice president, husband Bill is chief financial officer, daughter Kristen is cultural director, daughter Teresa is secretary and son-in-law Dave Kurnicki is technology director.

Clark involves like-minded, philanthropic students as ambassadors for the day. This year's ambassadors include Meghan Agarwal, a junior at St. Francis High School; Jade Perry and Caroline Deng, Los Altos High seniors; Tenisha Choie, a sophomore at Mountain View High; and Jose Martinez of Foothill College.

Agarwal oversees the promotions. She said proceeds help Makumbi children with basic necessities like food, clothes and educational material.

"I'm proud to announce that last year, we brought in a grand total of \$32,700, and we hope to match and exceed that amount this year," Agarwal said.

This year's event includes another shoe drive — 2,000 pairs were collected last year — and Clark is adding a book drive.

"We're collecting the best books (donated) — up to 40 pounds," Clark said of the drive, the proceeds of which will be shipped to the orphanage.

A little money goes a long way to help the orphans, Clark said.

"You only need \$50 to (buy) food and leave one child for one year," she said.

"The Sustainable Living Foundation wants to make it easy to get involved, despite age, economic status or cultural background," Agarwal wrote in a promotional flyer. "Whether you're interested in donating your own shoes, or entering in a raffle, making a single donation or just donating, there's something for everyone."

For more information or to register, volunteer or contribute, visit www.zimbabwe.org.org.

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Mountain View Voice

Think globally, run locally

ANNUAL ZIMBABWE RUN RAISES MONEY FOR ORPHANAGE, ENCOURAGES FITNESS

By Andrea Gemmet

The Run for Zimbabwe is part African festival, part fun run. Now in its 14th year, the race and fair is set for Sunday, March 24, from noon to 4 p.m. at St. Joseph School.

With races for all ages, from preschool to adult, the event raises money for an orphanage in Zimbabwe, the Makumbi Children's Home. Put on by the Sustainable Living Foundation, the event includes a celebration of Zimbabwe culture with authentic music from Chinyakare Ensemble and Sadza, cultural booths, games and food, according to organizer Ellen Clark, the foundation's president.

Clark said she hopes proceeds

from this year's event will match—or beat—last year's donation of \$32,700. The race entry fee is low at \$5, with T-shirts sold separately. Attendees are encouraged to contribute shoes to the shoe drive. There's also a children's book drive, with a request for each family to contribute one book and \$1 to cover shipping costs.

According to Clark, the event is a chance for local residents to get fit while helping the people of a country with one of the world's highest poverty rates. About one third of the population suffers from HIV or AIDS in Zimbabwe, where residents have a very low life expectancy and there is an estimated 900,000 AIDS orphans and children who have been



COURTESY SUSTAINABLE LIVING FOUNDATION

Preschoolers take off at the start of the Run for Zimbabwe.

abandoned by parents who could not support them, Clark said.

The Wakerly Family Foundation underwrites the Run for Zimbabwe. Kate Wakerly was the

Voice's founding editor.

St. Joseph School is located at 1120 Miramonte Ave., Mountain View. To sign up for the race online, go to the Sustainable Liv-

ing Foundation's website at ZimbabweParaguay.net or for information, contact Ellen Clark at 650-941-9206 or via email at zpclarks@sbcglobal.net. ■



Wish List for Makumbi in 2013

By Father Heribert Mueller

- Mattresses for the children
- 7% Raise for caregivers
- Two dairy cows & shade structure for milking
- Sponsorship of orphans—\$350 for one orphan per year.
- Indoor plumbing for pre-school

What your Zim money bought in 2012: Roofs!

Before the 2012 run, Fr. Heribert wrote, “The preschool is in urgent need of renovation. The building is currently without a water supply.” However, the rains came and all the roofs were leaking. To prevent the kids from being dripped on, the orphanage put new roofs on the living quarters for the orphans with our funds. Also, through our sponsorship program, the orphans were fed, clothed and educated. The indoor plumbing is still a need along with the other items listed above.

Updates from Makumbi: Although the number fluctuates from year to year, currently there are 92 orphans at Makumbi. Many of the orphans are there because their parents died of AIDS. At 18, the children move out of the orphanage. Father Heribert writes, “Five of them are now in the process of leaving Makumbi trying to establish themselves outside with our help. But it is difficult.” In Zimbabwe, today, the unemployment level is at about 80% and there are many other tragic conditions affecting the country. (See Megha Agarwal’s letter that was published in the Valley Catholic.) In 2012, each little cottage (There are eight cottages.) where the children are cared for, received, at least, one new baby. One cottage received two new babies because they are twins! One very sad occurrence in 2012 was the death of a 17-year-old orphan named Priscilla. Father writes, “It was a long struggle. . . and we tried everything to keep her alive. Once in the coma she did not come out of it again. There were many tears at her funeral.”

Amount raised at 2012 run: \$32,700! Our goal is to match or exceed that amount in 2013.

Who underwrites the expenses for this meet? Please thank The Wakerly Family Foundation—a committed Mtn. View family. They paid for the porta-pottie rentals, the ribbons, insurance, t-shirt production, trophies and posters.

We look forward to seeing you in the spring of 2014 for the 15th Annual Run for Zimbabwe Orphans and Fair. It will be the Year of the Hippo!

To contribute go to The Sustainable Living Foundation, 501c3 go to:

www.ZimbabweParaguay.net 650.941.9206 Tax ID- 73-1676980