



The 19th Annual Run for Zimbabwe Orphans and Fair Sunday March 25, 2018

220 yd. Pre-school, 1/2 mile Kindergarten, One Mile Grade 1 to Adult.

Location: St. Joseph 1120 Miramonte Ave. Mountain View, Ca. Noon to 4 p.m. On-line registration at www.ZimbabweParaguay.net

Presented by The Sustainable Living Foundation: 650.941.9206. 156 Marvin Ave. Los Altos, Ca. 94022. One Reg. Form per person.

TO RUN: \$5.00

Please refer to next page regarding complimentary entries and SLF's policy.

Directions: Check division entering within this Box. Complete Universal Sign up form below. ↓ SIGN WAIVER. Mail entry to SLF with \$5.

Pre School, 220 yd.

Girls at **1 p.m.** Boys at **1:07 p.m.**

Kindergarten & Transitional Kindergarten 1/2 mile

Girls at **1:15 p.m.** Boys at **1:22 p.m.**

1st and 2nd grade, Mile, Girls **1:30**

1st and 2nd grade, Mile, Boys **1:45**

3rd and 4th grade, Mile, Girls **2:00**

3rd and 4th grade, Mile, Boys **2:15**

5th and 6th grade, Mile, Girls **2:30**

5th and 6th grade, Mile, Boys **2:45**

7th and 8th grade, Mile, Girls **3:00**

7th and 8th grade, Mile, Boys **3:15**

At 3:30, all high school and post H. S. milers.

High School Girls Mile

High School Boys' Mile

Post High School Females

Post High School Males

RACE

OFFICE USE ONLY

TO CONTRIBUTE FUNDS:

Directions: Fill in the amount contributing within this box. Complete the Universal Form below. ↓ Mail form & check to SLF. No need to sign waiver OR fill in age unless you plan to run.

A. I/We will sponsor an orphan or orphans-@ \$350 per year. # of orphans. Total _____

**Groups may sponsor an orphan.*

B. I will donate \$ _____ funds to the orphans. Any amount is sincerely appreciated.

C. I will provide free entry/entries to a low income USA child/children in the USA for the Zim Run. \$5 per runner. Amount: _____

*** To honor a person with your contribution, please attach a note with the honoree's name. Indicate if the honoree is living or deceased. Give the address of the honoree or address of his/her family so we may acknowledge your gift.*

***We accept Donations via Credit Card. Log on to our web site: www.ZimbabweParaguay.net & click on PayPal *SLF is a 501c3. SLF's tax ID is 73-1676980**

TO VOLUNTEER:

Directions: Log on to www.ZimbabweParaguay.net and click on either: **Run & Fair Prep OR Race Day Jobs**

We only accept on-line volunteer sign-ups. Run & Fair Prep jobs may be done on your own time. Race Day Jobs include "Course Set up" on March 24 from noon to 2 p.m. and jobs on Sun. March 25. We authorize community service hours. (We are using VolunteerLocal.com for sign-ups.)

TO ENTER ART CONTEST, bring your art to meet on 3/25/18 between 10 a.m. and noon & retrieve your art by 4 p.m. The art must pertain to Africa & may be any media. The divisions for the art are Pre-School, Kindergarten, Grade 1, Grade 2, Grade 3, Grade 4, Grade 5, Grade 6, Grade 7, Grade 8. All artists receive a finisher ribbon. The top artist per division receives a toy wildebeest

PLEASE FILL OUT ONE Universal Sign-up Form PER PERSON. Send this form & your check to The Sustainable Living Foundation, 156 Marvin Ave. Los Altos, Ca. 94022.

(**To run, the waiver below must be signed & dated.) Amount of check attached: \$5 entry fee (if running) _____ + contribution _____ = Total \$ _____

➤ **Entrant OR Donor** Check here if you desire your monetary contribution to be anonymous: _____ **Bring your gently used shoes for our African shoe drive!!**

FIRST NAME: _____ **LAST NAME:** _____ **PLEASE PRINT**

GENDER: MALE FEMALE **AGE:** _____ **GRADE IN SCHOOL:** _____ **NAME OF SCHOOL:** _____

STREET ADDRESS: _____ **PHONE:** _____

CITY: _____ **ZIP CODE:** _____ **E-MAIL:** _____

WAIVER: All participants in the run must sign this waiver. Parent or guardian must sign if entrant is under 18. I certify that the above named entrant in the 19th Annual Run for Zimbabwe Orphans on Sun.. 3/25/18 is physically fit and has trained sufficiently for participation in this event. I hold no one responsible (St. Joseph Parish, the Sustainable Living Foundation, the Diocese of San Jose & volunteers) for any injuries or illnesses incurred during the meet or traveling to and from the meet. My photo & name may be used for publicity in the web site, newspapers, results, radio & T. V. **Signature** _____ **Date** _____

YOU MAY REGISTER ON LINE AT WWW.ZimbabweParaguay.net OR in person on March 25 2018.

The 19th Annual Run for Zimbabwe Orphans and Fair Sunday March 25, 2018



IMPORTANT POINTS!

**To: *Enter the Run
*Donate Funds**

Choose any of these ways—

*Go **ON-LINE** TO:

WWW.ZimbabweParaguay.net

***Mail in paper entry blank**

*Come in **PERSON** to

St. Joseph School on 3/25/18

***To Enter Kids' African Art Contest, simply bring your art to the meet 3/25/18 between 10 a.m. and noon.**

To VOLUNTEER:

Go to: www.ZimbabweParaguay.net

Click on either or both:

*Zimbabwe Run Prep or *Race Day Jobs

(We only take on-line sign-ups. We use VolunteerLocal.com)

OUR MISSION:

To inspire USA kids to **Be fit!**

Create art! & Help others!

OUR 2018 PROJECT:

Micro Loans for youth aging out of orphanage

Conditions within Zimbabwe are desperate. With 90% unemployment, youth leaving the orphanage have a difficult road ahead of them. Our goal is to provide micro-loans to be used to further one's education or to start a small business. Additional funds are needed to feed, clothe, house and educate the 100 orphans.

Mascot for 2018—The Wildebeest, Mvumba, says, "Let's all get together and stamp out poverty and equal the amount raised in 2016 of \$31,000!"

Shoe Drive: Save those gently used shoes for our African shoe drive!



We are on Active.com

To Enter Run—3 ways: #1. Fill out form on back and mail to SLF. #2. Sign up on line. Log on to www.ZimbabweParaguay.net and click on Active.com #3. Sign up at the run on 3/25/18. Arrive one hour before your race. (Team competition for grades 1-8) **SLF Fee Policy:** If a child comes to the run without funds, he or she may run free of charge providing the waiver on the entry blank is signed by his/her parent or guardian.

To Donate Funds—3 ways: #1. Fill out the contribution form on back. Mail check to SLF. #2. For credit card donations, log on to www.ZimbabweParaguay.net & click on PayPal #3. Active.com also takes donations on line for SLF.

To volunteer: Go to www.ZimbabweParaguay.net & click on either Run & Fair Prep or Race Day Jobs.

To Enter Art Contest. The steps: #1. Bring art to St. Joseph School between 10 a.m. and noon on 3/25/18. Pick up your art by 4 p.m. on 3/25. Art may be any media but should pertain to Africa or Zimbabwe. **To enter art contest is free.** Top artists receive wildebeests. All receive finisher ribbons.

To buy T-shirt: Sold at meet. Optional purchase. Sizes youth to adult. \$12 for sleeved shirt and \$10 for tank top.

Awards: Championship cups to top 3 females & top 3 males per race division. Finisher ribbons for all runners & artists. Knights of Columbus trophy for top 7th/8th girl & boy runner. Team Certificates to top teams in Grades 1-8 races. Top Artist award per division.

Course Records—A=Age SJ= St Joseph MV. ST= Stratford. **220 yd. Pre-school**—Camille LaMaster, 49 sec. A5, 20015; Micah Robinson, 45 sec. A5, 2013. **¼ mi. Kinder**—Jennifer Morrison-Wells, 3:33, A6, St. Nicholas, 2016; Micah Tompkins, 3:13, A5, Cedar Academy **1st/2nd Girls' Mile:** Angelica Chou, 6:49, A7, Covington, 2014 **1st/2nd Boys' Mile:** Gabril Gomez, 6:47, A8, Forrest Hill, 2011 **3rd/4th Girls' Mile:** Bethany Chan, 6:05, A9, Meyerholtz; **3rd/4th Boys' Mile:** Ismail Adam, 6:06, A9, Granada, 2002 **5th/6th Girls' Mile:** Erin Robinson, 5:58, A10, Terman, 2005; **5th/6th Boys' Mile:** Drew Fenton, 5:26, A11, Sunnyvale Middle 2015; **7th/8th Girls' Mile:** Emily Minjares, 5:35, A13, Hoover, 2016; **7th/8th Boys' Mile:** Giorgio Liantono, 5:11, A13 2010 **and** José Piña, 5:11, A14, Burbank 2011; **High School Mile:** Michelle Gallagher, 5:35, A15, NDB, 2001; Ben Sitler, 4:47, A17, St. Francis, 2005; **Post High School Mile:** Nicole Campbell, 5:25, A26, WVTC, 2009; Phil Pompei, 4:30, A23, 2015; Gray Mavhera, Master, 4:44, A43, 2013. Suzanne Segesta, 6:13, A40, 2012

Opening Ceremony 12:15: USA & Zimbabwe Anthems; **Art & Run Award Ceremonies:** **1:30** Preschool & Kindergarten; **2 p.m.** 1st/2nd Grade; **2:30** 3rd/4th Grade; **3 p.m.** 5th/6th Grade; **4 p.m.** 7th/8th, High School, Post High School. **Race Dedications:** Sister Batsirai **Makoni**, Preschool; Lynn **Tuite** Kindergarten; Coach **Jack St. Claire** 1st/2nd Grade; **J. Peter Clark**, 3rd/4th Grade **Father Eric Freed** 5th/6th Grade; Brother John **Brown** 7th/8th Grade; Kate **Wakerly** High School/Adult **Beneficiary of the Run and Fair:** Makumbi Children's Home Sustainable Living Foundation, 501c3 Board Members: Ellen & Bill Clark, Teresa Clark & Dave Ruminski, Will & Kristin Clark, Dee Gibson **Underwriters of meet:** The Wakerly Family.

13 X-country races:

220 yd. Pre-School,

½ Mile Kindergarten,

One Mile Races Grade 1 to Adult

Fair opens at noon. 1st Race – 1 p.m.

St. Joseph School 1120 Miramonte Ave.

Mountain View, Ca.

Race Hot Line: 650.941.9206

www.ZimbabweParaguay.net

e-mail: info@ZimbabweParaguay.net

A presentation of The Sustainable Living Foundation
of Los Altos Ca. 501c3 Benefitting:

Makumbi Children's Home in Zimbabwe & USA kids