



The 18th Annual Run for Zimbabwe Orphans and Fair Sunday March 26, 2017

220 yd. Pre-school, 1/2 mile Kindergarten, One Mile Grade 1 to Adult.

Location: St. Joseph 1120 Miramonte Ave. Mountain View, Ca. Noon to 4 p.m. On-line registration at www.ZimbabweParaguay.net

Presented by The Sustainable Living Foundation: 650.941.9206. 156 Marvin Ave. Los Altos, Ca. 94022. One Reg. Form per person.

TO RUN: \$5.00

Please refer to next page regarding complimentary entries and SLF's policy.

Directions: Check division entering within this Box. Complete Universal Sign up form below. ↓ SIGN WAIVER. Mail entry to SLF with \$5.

Pre School, 220 yd.

Girls at **1 p.m.** Boys at **1:07 p.m.**

Kindergarten 1/2 mile

Girls at **1:15 p.m.** Boys at **1:22 p.m.**

1st and 2nd grade, Mile, Girls **1:30**

1st and 2nd grade, Mile, Boys **1:45**

3rd and 4th grade, Mile, Girls **2:00**

3rd and 4th grade, Mile, Boys **2:15**

5th and 6th grade, Mile, Girls **2:30**

5th and 6th grade, Mile, Boys **2:45**

7th and 8th grade, Mile, Girls **3:00**

7th and 8th grade, Mile, Boys **3:15**

At 3:30, all high school and post H. S. milers.

High School Girls Mile

High School Boys' Mile

Post High School Females

Post High School Males

RACE

#

OFFICE USE ONLY

TO CONTRIBUTE FUNDS:

Directions: Fill in the amount contributing within this box. Complete the Universal Form below. ↓ Mail form & check to SLF. No need to sign waiver OR fill in age unless you plan to run.

A. I/We will sponsor an orphan or orphans-@ \$350 per year. # of orphans. Total

**Groups may sponsor an orphan.*

B. I will donate \$ funds to the orphans. Any amount is sincerely appreciated.

C. I will provide free entry/entries to a low income USA child/children in the USA for the Zim Run. \$5 per runner. Amount:

*** To honor a person with your contribution, please attach a note with the honoree's name. Indicate if the honoree is living or deceased. Give the address of the honoree or address of his/her family so we may acknowledge your gift.*

***We accept Donations via Credit Card. Log on to our web site: www.ZimbabweParaguay.net & click on PayPal *SLF is a 501c3. SLF's tax ID is 73-1676980**

TO VOLUNTEER:

Directions: Log on to www.ZimbabweParaguay.net and click on either: **Run & Fair Prep OR Race Day Jobs**

We only accept on-line volunteer sign-ups. Run & Fair Prep jobs may be done on your own time. Race Day Jobs include "Course Set up" on March 25 from noon to 2 p.m. and jobs on Sun. March 26. We authorize community service hours. (We are using VolunteerLocal.com for sign-ups.)

TO ENTER ART CONTEST, Check Division, Fill out form below & Mail to
SLF, 156 Marvin Ave. Los Altos, Ca. 94022
Pre-School ___ Kindergarten ___ Gd.1 ___ Gd.2 ___ Gd.3 ___
Gd. 4 ___ Gd. 5 ___ Gd. 6 ___ Gd.7 ___ Gd. 8

PLEASE FILL OUT ONE Universal Sign-up Form PER PERSON. Send this form & your check to The Sustainable Living Foundation, 156 Marvin Ave. Los Altos, Ca. 94022.

(To run, the waiver below must be signed & dated.) Amount of check attached: \$5 entry fee (if running) + contribution = Total \$**

Entrant, Donor, Volunteer, or Artist's Full Name Check here if you desire your monetary contribution to be anonymous:

NAME: **PLEASE PRINT**

GENDER: MALE FEMALE AGE GRADE IN SCHOOL NAME OF SCHOOL

STREET ADDRESS PHONE

CITY ZIP CODE E-MAIL

WAIVER: All participants in the run must sign this waiver. Parent or guardian must sign if entrant is under 18. I certify that the above named entrant in the 18th Annual Run for Zimbabwe Orphans on Sun. 3/26/18 is physically fit and has trained sufficiently for participation in this event. I hold no one responsible (St. Joseph Parish, the Sustainable Living Foundation, the Diocese of San Jose & volunteers) for any injuries or illnesses incurred during the meet or traveling to and from the meet. My photo & name may be used for publicity in the web site, newspapers, results, radio & T. V. Signature _____ Date _____

YOU MAY REGISTER ON LINE AT WWW.ZimbabweParaguay.net OR in person on March 26.

To Enter Run-3 ways: #1. Fill out form on back and mail to SLF. #2. Sign up on line. Log on to www.ZimbabweParaguay.net and click on Active.com #3. Sign up at the run on 3/26/17. Arrive one hour before your race. *(Team competition for grades 1-8)* **SLF Fee Policy:** If a child comes to the run **without funds**, he or she may run free of charge providing the waiver on the entry blank is signed by his/her parent or guardian.

To Donate Funds-3 ways: #1. Fill out the contribution form on back. Mail check to SLF. #2. For credit card donations, log on to www.ZimbabweParaguay.net & click on PayPal #3. Active.com also takes donations on line for SLF.

To volunteer: Go to www.ZimbabweParaguay.net & click on either Run & Fair Prep or Race Day Jobs.

To Enter Art Contest. The steps: #1. Fill out art registration form on back. Bring art to St. Joseph School between 10 a.m. and noon on 3/26/17. Pick up your art by 4 p.m. on 3/26 Art may be any media but should pertain to Africa or Zimbabwe. **To enter art contest is free.** Top artists receive eagles. All receive finisher ribbons.

To buy T-shirt: Sold at meet. Optional purchase. Sizes youth to adult. \$12 for sleeved shirt and \$10 for tank top.

Awards: Championship cups to top 3 females & top 3 males per race division. Finisher ribbons for all runners & artists. Knights of Columbus trophy for top 7th/8th girl & boy runner. Team Certificates to top teams in Grades 1-8 races. Top Artist award per division.

Course Records-A=Age SJ= St Joseph MV. ST= Stratford. **220 yd. Pre-school**-Camille LaMaster, 49 sec. A5, 20015; Micah Robinson, 45 sec. A5, 2013. **1/4 mi. Kinder**-Jennifer Morrison-Wells, 3:33, A6, St. Nicholas, 2016; Micah Tompkins, 3:13, A5, Cedar Academy **1st/2nd Girls' Mile:** Angelica Chou, 6:49, A7, Covington, 2014 **1st/2nd Boys' Mile:** Gabril Gomez, 6:47, A8, Forrest Hill, 2011 **3rd/4th Girls' Mile:** Bethany Chan, 6:05, A9, Meyerholtz; **3rd/4th Boys' Mile:** Ismail Adam, 6:06, A9, Granada, 2002 **5th/6th Girls' Mile:** Erin Robinson, 5:58, A10, Terman, 2005; **5th/6th Boys' Mile:** Drew Fenton, 5:26, A11, Sunnyvale Middle 2015; **7th/8th Girls' Mile:** Emily Minjares, 5:35, A13, Hoover, 2016; **7th/8th Boys' Mile:** Giorgio Liantono, 5:11, A13 2010 **and** José Piña, 5:11, A14, Burbank 2011; **High School Mile:** Michelle Gallagher, 5:35, A15, NDB, 2001; Ben Sitler, 4:47, A17, St. Francis, 2005; **Post High School Mile:** Nicole Campbell, 5:25, A26, WVTC, 2009; Phil Pompei, 4:30, A23, 2015; Gray Mavhera, Master, 4:44, A43, 2013. Suzanne Segesta, 6:13, A40, 2012

Opening Ceremony 12:15- USA & Zimbabwe Anthems; **Art & Run Award Ceremonies: 1:30** Preschool & Kindergarten; **2 p.m.** 1st/2nd Grade; **2:30** 3rd/4th Grade; **3 p.m.** 5th/6th Grade; **4 p.m.** 7th/8th, High School, Post High School. **Race Dedications:** Sister Batsirai Makoni, Preschool; Lynn Tuite Kindergarten; Coach Jack St. Claire 1st/2nd Grade; **J. Peter Clark**, 3rd/4th Grade **Father Eric Freed** 5th/6th Grade; Brother John Brown 7th/8th Grade; Kate Wakerly High School/Adult **Beneficiary of the Run and Fair:** Makumbi Children's Home Sustainable Living Foundation, 501c3 Board Members: Ellen & Bill Clark, Teresa Clark & Dave Ruminski, Will & Kristin Clark, Dee Gibson **Underwriters of meet:** The Wakerly Family.

The 18th Annual Run for Zimbabwe Orphans and Fair Sunday March 26, 2017



13 X-country races:
220 yd. Pre-School,
1/2 Mile Kindergarten,
One Mile Races Grade 1 to Adult
Fair opens at noon. 1st Race - 1 p.m.
St. Joseph School 1120 Miramonte Ave.
Mountain View, Ca.
Race Hot Line: 650.941.9206
www.ZimbabweParaguay.net
e-mail: info@ZimbabweParaguay.net

A presentation of The Sustainable Living Foundation of Los Altos Ca. 501c3 Benefitting:
Makumbi Children's Home in Zimbabwe & USA kids

IMPORTANT POINTS!

To: *Enter the Run
***Donate Funds**
***Enter Kids' African Art Contest**

Choose any of these ways—

*Go **ON-LINE** TO:
WWW.ZimbabweParaguay.net
***Mail in paper entry blank**
*Come in **PERSON** to
St. Joseph School on 3/26/17

To VOLUNTEER:

Go to: www.ZimbabweParaguay.net
Click on either
*Zimbabwe Run Prep or *Race Day Jobs
(We only take on-line sign-ups. We use VolunteerLocal.com)

OUR MISSION:

To inspire USA kids to **Be fit!**
Create art! & Help others!

OUR 2017 PROJECT FOR THE ORPHANAGE:

TUTORS FOR MAKUMBI

The goal is to test for gaps in the kids' learning & help them achieve grade level via tutors and a coordinated program of teachers, community volunteers & the care-givers (i.e. "Moms") of the orphanage. Some former projects: Plumbing (2016) termite repair (2015) Half-way house for girls (2014). Funds raised in 2016-\$35,000.

Mascot for 2017—The African Fish Eagle, Hungwe. Hungwe says, Give a kid a fish & you feed him for one day. Teach a kid to fish & you feed him for a lifetime!

Shoe Drive: Save those gently used shoes for our African shoe drive!

We are on Active.com. Here is the code

