



The 17th Annual Run for
Zimbabwe Orphans and Fair
Presented by The Sustainable
Living Foundation
Sunday March 20, 2016

**FUNDING THE PLUMBING AT MAKUMBI
INSPIRING USA KIDS TO BE FIT,
CREATE ART AND HELP OTHERS**

The capital project at Makumbi in 2016 is **plumbing** at the eight cottages that house the 100 orphans thereby combating water borne diseases. Many schools in Zimbabwe, such as Makumbi Primary where the orphans attend school, depend upon latrines. Makumbi Children's Home is fortunate in the sense that they **HAVE** indoor plumbing but the toilets are quite old and are in desperate need of repair. Frequently, the kids must walk to the distant latrines when the toilets become plugged. Currently, when a spigot is turned on, black sludge or rust comes pouring out of the pipe making the water unfit to drink or bathe with. ***Sometimes, there is no water at all!*** Either a pipe bursts or due to the frequent power outages in Zimbabwe, no water can be pumped during these times. (Makumbi uses electric pumps and the pumps work off a generator that was supplied by The Sustainable Living Foundation.) All these problems contribute to poor sanitation and a risk of the kids becoming sick with a water borne disease such as typhoid or cholera. The goal of SLF is to supply the

**3.7 Million
people die
every year from
water borne
diseases—
chronic
diarrhea,
typhoid,
cholera.**

**The 2008 cholera
epidemic in
Zimbabwe killed
over 4,000 people
and sickened
100,000. The risk
is real in 2016.**

funds so that the orphanage may completely outfit the orphanage in copper piping for the intake of water. The orphanage will also utilize proper piping for waste water disposal. Last year, SLF, as a result of the 2015 run, raised \$32,000 for termite repair. (The buildings were literally falling down!) That project was a huge success and all the termite colonies were completely eradicated so we expect the 2016 plumbing project to be a success as well. We hope to match or exceed the funds raised in 2015.

Finally, while we are helping the children of Makumbi, we are also inspiring USA children to **"Be fit! Create art! And Help others!"** We, of course, will have our 13 little cross country runs, the African art contest, great Twiza, the giraffe, t-shirts and our fair. A new feature to the fair this year will be a large, walk-on "Fund the Plumbing" Board game where children can learn about the importance of fresh water and sanitation. Of course, we'll have our annual shoe drive. This shoe drive allows kids, with little resources, to donate their gently used shoes to the kids of Africa! In this way, they feel a part of this philanthropic event. All in all, The 17th Annual Run for Zimbabwe Orphans and Fair on March 20 promises to be a great day of philanthropy in action. (More info. at www.ZimbabweParaguay.net or 650.941.9206)

THE REALITY—Non functioning plumbing MAKUMBI CHILDREN'S HOME IN ZIMBABABWE



THE REALITY at Makumbi Children's Home

Photos Left to Right

- * Old pipes that plug
- * Leaky pipes—"fixed" with rubber bands
- * Pipes that spew rust and sludge. Unfit for drinking.
- * View of kids lining up for a lunch of Sadza (corn meal) with latrines (in background) at Makumbi Primary School
- * Cholera Alert Signs at the orphanage
- * Little girls toting water

Note: Makumbi Primary School, where the orphans attend school, has no plumbing.

The orphanage has some plumbing but it does not function.